



ME MŌHIO I MUA I TE HAERE

KNOW BEFORE YOU GO

Te TIKANGA Noho Haumaruru i Waho

THE OUTDOOR SAFETY CODE

I mua i te haere ki ngā takiwā i waho me whai mōhio ki te Te Tikanga Noho Haumaruru i Waho o Aotearoa.

Before you go into the outdoors get familiar with New Zealand's Outdoor Safety Code.

Ētahi ture māmā e 5 e noho haumaruru ai koe:

5 simple rules to help you stay safe :

1 Whakamaheretia tō haere
Kimi mōhio i ngā tāngata whenua o te rohe, ka whakamāhere i te ara me te tuku i te wā tōtika hei whakaoti.

Plan your trip

Seek local knowledge, plan your route and allow a reasonable amount of time.

2 Whākina ō mahere ki tētahi tangata

Whākina ō mahere ki tētahi tangata me te hoatu i te rā me whakaara ia mēnā kāore anō koe kia hoki mai.

Tell someone

Let someone know your plans and when to raise the alarm if you haven't returned.

3 Kia mataara ki te huarere

Whakarongo ki ngā tohu huarere me te mōhio ka puta ohorere mai ngā huringa huarere.

Be aware of the weather

Check the forecast and expect weather changes.

4 Me mōhio ki ō ngoikoretanga
Me whakamātau tonu koe i a koe anō ki ō kaha me tō mōhio.

Know your limits

Challenge yourself within your physical limits and experience.

5 Kia nui tonu te heri kawenga

Kia nui tonu te heri kai, utauta, kākahu me ngā ō e rawaka ana, me tētahi pūrere tauwhitiwhiti tika, mō te tūpono rarururu nui.

Take sufficient supplies

Take enough food, equipment, clothing and emergency rations - plus an appropriate means of communication, for the worst-case scenario.

Kei te wātea anō:
ALSO AVAILABLE

Te TIKANGA Noho Haumaruru i te Poti
THE BOATING SAFETY CODE

Te TIKANGA Noho Haumaruru i te Wai
THE WATER SAFETY CODE

