



**Land Safety Code**

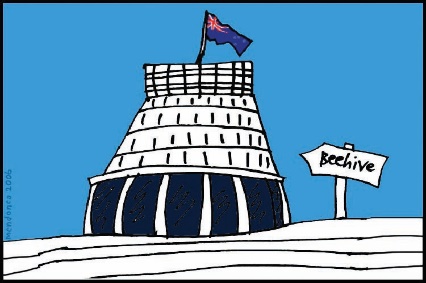


**Things you can do to stay safe**

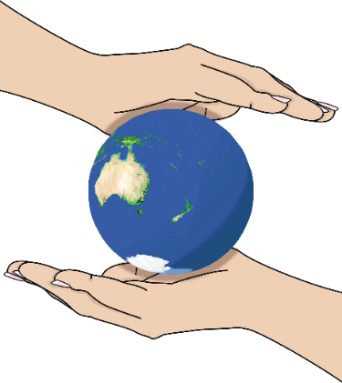
**while on your trip**



**Department of Conservation**



**The Department of Conservation** is a government agency in New Zealand.



**Conservation** means protecting the natural world around us.

The Department of Conservation is in charge of protecting our:

* natural land
* important places.



This Easy Read document is about the **Land Safety Code**.



**Be prepared**



Stay safe while on your trip by following the **Land Safety Code.**



The **Land Safety Code** is made up of 5 important rules to help you stay safe while on your trip.

1. **Choose a day trip or overnight trip that is right for you.**

You should:

* learn about the place you are planning to visit
* make sure you have the skills to do the trip such as being able to walk a long way or up hills.

1. **Check that the weather is good for your trip**



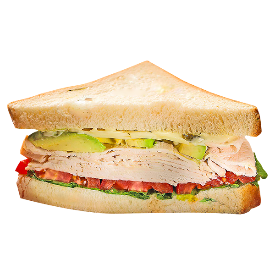
The weather can change fast.

****You may need to change if your plans if the weather is not good for your trip.

1. **Pack a bag to take on your trip.**

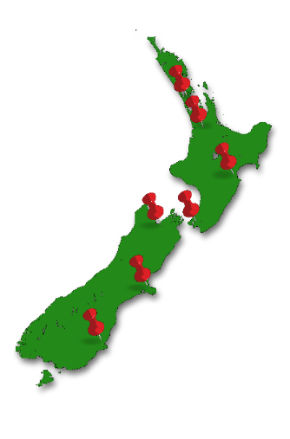
The bag should have things like:

* warm clothes



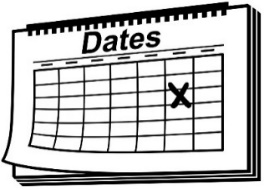
* extra food
* water.

1. **Tell your family or friends about the trip you have planned.**

****

It is a good idea tell them:

* where you are going
* who you are going with



* what time you plan to get back from your trip



* to ring **111** if you do not come back from your trip.

You may want to take a **distress beacon.**

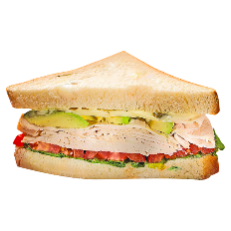
A **distress beacon** is an electronic device that you can use to help rescue workers find you if you are lost or hurt.

1. **Take care of:**

* **yourself**

* **each other.**

This means that while you are on your trip you should:



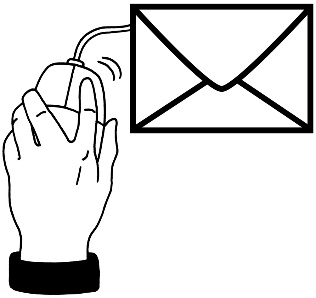
* eat food
* drink water
* take breaks to rest
* stay with your group
* make decisions together.

**Where to find more information**



You can find more information about the Department of Conservation on their **website**:

**https://www.doc.govt.nz**/

You can also:

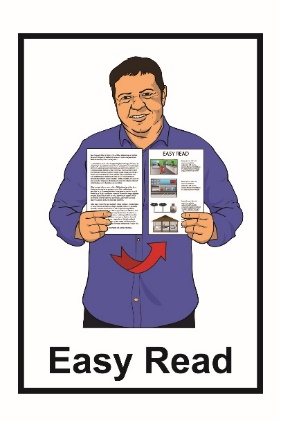
**Email**: **enquiries@doc.govt.nz**

****You can find a list of all the Department of Conservation **visitor centres** around New Zealand at this **website**:



**https://www.doc.govt.nz/footer-links/contact-us/visitor-centres/**

**This information has been provided by the Department of Conservation.**



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**Thank you to Benhi Dixon for permission to use the image of a family walking the Orongrongo track.**



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